



Healthy Lifestyles Subcommittee *of the Cancer Risk Reduction Committee*

February 19, 2020, 10:30 AM – 12:00 PM

Location: Edgehill Shopping Center

43 S. DuPont Highway

Dover, DE 19901

- 10:30 AM** **Welcome from the Chairs and Approval of Minutes-** Lt. Governor Hall-Long and Dr. Karyl Rattay, Director of the Delaware Division of Public Health
- 10:40 AM** **Workplace Wellness**
Evidence Based Practices (10 min.) – Diana Rodin
Current Delaware policies (20 min.) – Aaron Schrader
Opportunities (20 min.) – All
Discussion and decisions on policy recommendations (20 min.) - All
- 11:50 AM** **Next Steps: Review To-Dos and Schedule for March Meeting** - Liddy Garcia-Bunuel
- Topic and background reading for March
 - Webinars
 - March 24, 4:00 PM – 5:00 PM (EST)
 - March 31, 4:00 PM – 5:00 PM (EST)
 - Town Hall Meetings in April
 - April 15, 5:00 PM – 7:00 PM (EST)
Hanover Presbyterian Church
1801 N Jefferson St, Wilmington, DE
 - April 21, 6:00 PM – 8:00 PM (EST)
Milford Wellness Village
21 W Clarke Ave, Milford, DE
 - Stakeholders to interview
 - New online source for HLS materials:
<https://www.healthyselaware.org/Consortium/Committees/Cancer-Risk-Reduction/Healthy-Lifestyles-Subcommittee>
 - Lt. Governor Challenge 2.0 is now live and accepting applications:
<https://ltgovernorchallenge.org/>
- 12:00 PM** **Closing** - Lt. Governor Hall-Long and Dr. Rattay