

#### **PANO Advancing Healthy Lifestyles Coalition September 19, 2023**

# **AHL Coalition Kick-off** Meeting

FACILITATED BY:



Devona E.G. Williams, PhD Ssociates President/CEO

#### Purpose









To reach agreement on:

A draft strategic plan/action plan and structure for AHL Coalition. Agree on volunteer leadership for committees.

Identify talents, potential contributions, and needs of founding members.

#### Agenda

- 9:30 am Welcome and Introductions
  - Greetings from Lauren Butscher, new PANO Administrator
- 9:45 am Review Draft Vision, Mission, Priorities, Strategies for AHL Coalition
- 10:30 am Discussion/Agreement of Core Values
- 10:50 am Discussion of preliminary Action Plan for the first year
- 11:15 am Structure of Coalition: Steering Committee, Working Committees

- Talent, organization survey

- 11:45 am Door Prizes!
- 11: 50 am Wrap-Up and Next Steps
- ▶ 12:00 pm Adjourn



#### **Draft Vision**

The AHL Coalition uplifts the well-being of all Delawareans and breaks down barriers to achieve healthy lifestyles.

#### **Draft Mission**

The AHL Coalition brings together coalitions and partners to focus on healthy lifestyles and equity through the PANO lens to leverage and expand resources in the community.

# Draft Core Values

- Cultural inclusivity and responsiveness.
- Understand different cultural needs of the counties and their communities.
- Provide a safe and respectful space for diverse community representatives.
- Listen to communities to build trust and buy-in.
- Shared responsibility, collaboration, and leadership.
- Collective action to effect meaningful broad systems change.
- Improvement of social determinants of health improve health outcomes.

### **Priorities for Year 1**

- The most pressing need relating to health equity is to increase awareness.
- The area of focus should be mental health and wellness.
- The top outcomes for year one should be increased community engagement.





### Draft Strategic Goals/Strategies

- 1. **Collaboration/Partnerships:** Engage coalitions and key representatives across the health system with a PANO focus to serve as a repository, knowledge sharing and networking vehicle.
- Community Outreach Engagement and Access: Provide outreach opportunities to increase access to existing programs and services with a PANO focus, regardless of income, race, ethnicity, or sexual orientation.
- 3. **Program Development linked to PANO**: Identify gaps in services and programs that increase access to PANO related services that reduce health disparities and improve outcomes.
- 4. Marketing and Communication: Develop a marketing plan for existing programs linked to PANO and other Coalitions that promote equity and help reduce health disparities.
- 5. **Policy:** Advocate for policies that increase equitable access to health programs and services with a PANO focus that increase access and reduce health disparities.



### **Role of AHL Coalition Members**

- Involvement.
- Link to communities.
- Make policy changes.
- Everyone should have a voice and a seat at the table.
- Stakeholders need to know that what they care about is heard.
- Advocate for the Coalition, messaging, and allies.
- Creative access to resources.
- Shared responsibility and accountability.



### Action Plan and Structure

- Review Action Plan
  Handout/Discussion/Agree on Next Steps
- Proposed Structure:
  - Leadership Steering Committee (will also be planning committee for the conference)
  - Subcommittees tied to each strategy/goal to plan primary actions. Each subcommittee should have a chair and 3-4 members.

#### Membership:

Invite Stakeholders from list generated by county level roundtables. This can be a separate subcommittee.



#### Talent/Organizational Survey

- Please complete the form before you leave.
- ► Name, organization
  - What can you give?
  - What do you need?



# **Door Prizes**

# Wrap Up and Next Steps

Summary of agreements reached

- Subcommittee meeting to finalize action plan and set December meeting agenda
- Next meeting December 12 holiday networking
  - Invite a representative from the list of stakeholders from the handout

