

# Boys & Girls Clubs of Delaware



*Preparing Delaware's Youth for Great Futures since 1931*



**BOYS & GIRLS CLUBS  
OF DELAWARE**



**TRIPLE  
PLAY**  
a game plan for the mind, body and soul



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# Accomplishments & Successes



- Implemented a full-year pilot of an evidence-based program, Triple Play, in collaboration with Concept Systems Inc. and Mathematica.
- Utilized a peer-led model to deliver an 8 week-long session.
- Developed training and orientations.
- Developed a robust evaluation process in collaboration with CSI.



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## By the Numbers

Number of Implementation Rounds



Number of Sites



Youth Participants

507

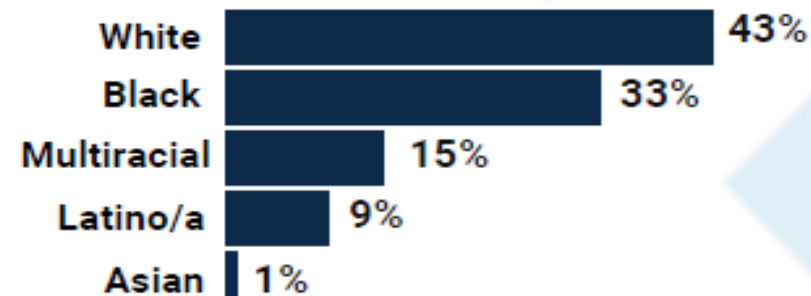
Youth Participants' Grades

Gr K-2, 68%

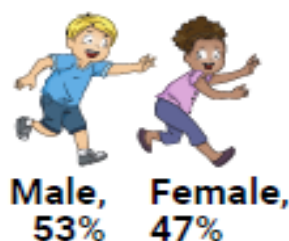


Gr 3-5, 32%

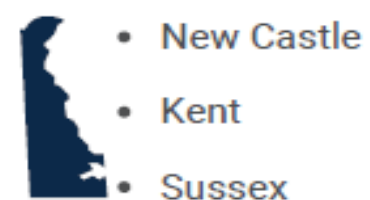
Youth Participants' Race



Youth Participants' Gender



Counties Represented



## Advancing Healthy Lifestyles

### Programs: County Information

#### New Castle County Programs

Youth Participants' Grades

71% 29%



K-2

3-5

Youth Participants' Gender



Male, 59%  
Female, 41%

Total Participants

108

Sites and Implementations

Henry M. Brader Elementary School: spring, fall

Olive B. Loss Elementary School: summer

Richardson Park Elementary School: spring, fall

#### Kent County Programs

Youth Participants' Grades

68% 32%



K-2

3-5

Youth Participants' Gender



Male, 53%  
Female, 47%

Total Participants

221

Sites and Implementations

Allen Frear Elementary School: fall

Star Hill Elementary School: summer

Sunnyside Elementary School: spring, fall

#### Sussex County Programs

Youth Participants' Grades

75% 25%



K-2

3-5

Youth Participants' Gender



Male, 47%  
Female, 53%

Total Participants

178

Sites and Implementations

H.O. Brittingham Elementary School: spring, fall

Love Creek Elementary School: fall

Rehobeth Elementary School: summer



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# Needs addressed

- Provided access to healthy lifestyle activities to high-need populations.
- Strengthened collaborations with schools via our school-based clubs.
- Engaged youth in content in a fun and enjoyable format.



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# Scaling this approach

- Build on community-based collaboration model to suit the needs in each setting.
- Utilize strengths of each partner for program development.
- Foster parental/guardian support
- Consistent and frequent communication with involved parties.
- Resource development and advocacy.



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