Meeting Notes

I. Welcome and Introductions

The AHL Coalition quarterly meeting was convened at 9:30 am by Dr. Devona Williams [Goeins-Williams Associates, Inc. (GWA), meeting facilitator, at Delaware State University, Bank of America Building, Room 309, in Dover. Devona led the group in introductions. Forty-five members and guests were in attendance:

- Devona Williams, GWA
- Lauren Butscher, PANO
- Knolan Rawlins, Delaware State University
- Megan Rothermel, Delaware State University
- Toni Sinibaldi, AB&C
- Greg O’Neil, ChristianaCare
- Bet Wong, Nurses Next Door
- Shawn Stevens, Wilmington University
- Leandra Carson, DSU Trauma Academy
- Allie Zuber, American Lung Association
- Tanya Haley, American Lung Association
- Michelle Fisher, Delaware State University
- Debbie Smith, Bayhealth
- Laurie Ruggiero, University of DE
- Emily Vera, Mental Health Association in Delaware
- Victoria Burton, YMCA of Delaware
- Harold Mack, Department of Corrections
- Romie Lutz, Lutheran Comm. Srvs./DE Quitline
- Natasha Morris-Harrison, Division of Public Health
- Yinka Isichei, American Heart Association
- Kat Luebke, Epic Delaware
- Betsy Wheeler, Wheeler & Associates Mgt Svcs
- Karen Johnston
- Tracey Phillips, Delaware State Univeristy
- Karen McGloughlin, 4-H Cooperative Extension
- Kimberly Holmes, Bayhealth
- Ayesha Bailey, Delaware Quitline
- Molly Yoo, Boys and Girls Clubs of DE
- Catalina Natalina, Lingua Franca
- Maria Lepore-Stevens, Tether Foundation
- Amy Gootee-Aah, Delaware State University
- Shebra Hall, Division of Public Health
- Helen Arthur, Division of Public Health
- Gwen Angalet, GBA Consulting
- Cassandra Davis, Department of Corrections
- Emmanuel Oppong,
- Suzanne Tait, ChristianaCare
- Justin Windheim, AB&C
- Lori Ciabattoni, ChristianaCare
- Jayden Carr, GWA
- Kendrick Hicks
- Tracey David Adams

Students
- Jugba Young
- Thelanie Robinson
- Sierra Romaine

The remaining agenda items and actions are summarized on the next page.

Dr. Devona Williams, Facilitator
www.goeinswilliams.com
## Agenda Items

### II. Pano Administrator Lauren Butscher gave an update on the PANO Program.

- Lauren Butscher presented updated data on Physical Activity, Obesity, and Nutrition within the state.
- Lauren Butscher gave an overview of the PANO program, the vision of the program, and its mission.
- Lauren Butscher listed the goals of the PANO program and explained the program’s multifaceted approach to achieve each goal.
- PANO was given the opportunity to sponsor a Healthy Lifestyles Night at the Wilmington Blue Rocks! The Healthy Lifestyles Night will be on Thursday, July 11th.

### III. Committee Reports and Coalition Updates

- Devona Williams reviewed gave a brief overview of the formation of the Coalition and reviewed the Vision, Mission, Strategic Goals and Core Values.
- The chairs/co-chairs of each committee presented updates to the Coalition:
  - Kat Luebke reported the partnership committee will explore collaboration with other organizations and coalitions.
  - Knolan Rawlins reported for the program development committee (in absence of Chair, Heather Klemanski) presented the updated program survey – 12 members have completed the survey.
  - Lauren reported for the policy committee which is reviewing policies within the state that can improve the PANO health system.
    - The chair is vacant.
  - Bet Wong, reported in absence of Peter Campbell, an update of the Community Outreach and Engagement Committee which is
**Division of Public Health**

**Physical Activity Nutrition Obesity Prevention (PANO)**

**Advancing Healthy Lifestyles Coalition**

**Kick-Off Meeting**

**March 12, 2024**

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<th>Discussing ways to get out into the community with the PANO brand identity including having a table at different locations such a Produce Junction in Dover.</th>
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<td>o Catalina Natalini reported the marketing and communications committee will explore working other committees to promote events and community outreach opportunities.</td>
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<td>o Lori Ciabattoni reported the steering committee activity regarding the 2nd Annual AHL Conference, June 6, 8:00 am to 4:00 pm at the DSU MLK Center. A invite was sent on March 11; please forward to organizations we would like to see participate, especially from the built environment. Jackie Joyner Kersee is the keynote speaker.</td>
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<td>• Toni Sinibaldi with AB&amp;C Creative presented the updates on the Coalition website.</td>
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<td>• Jayden Carr presented updates on membership; the newest members were recognized – Dr. Gwen Angalet and Dr. Leandra Casson.</td>
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<td>o The Coalition has 45 active members</td>
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<th><strong>IV. Health Literacy, Greg O’Neill, Health Literacy Council, ChristianaCare</strong></th>
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<td>• Greg O’Neil presented an engaging presentation on Health Literacy Coalition to the AHL Coalition.</td>
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<td>• Greg shared translation resources with the Coalition:</td>
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<td>o #1 Expert DE Interpreters – Translators</td>
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<td>o Interpretation and Translation Clients</td>
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### The Literacy Council is synergistic with the AHL Coalition.

**V. Community Health Needs Assessment, Betsy Wheeler, Rural Service Health Coalition**

- Betsy Wheeler presented information on the Delaware Rural Health Initiative and the characteristics of southern Delaware and health needs

**VI. Door Prizes**

- Lauren Butscher gave away the door prizes to the five students who attended the meeting. (Door prizes were provided by Shebra Hall and Tori Burton)

**VI. Wrap Up and Next Steps**

- Committee chairs will schedule and convene meeting of their committees, prepare a written report, and committee will report out at meeting.
- Updates will be made to the AHL Coalition website
- Upcoming Annual Conference is June 6 at the DSU MLK Conference Center.

**VII. Adjournment**

- 12:00 pm

*The Meeting Notes were completed by the facilitator.*