

Division of Public Health
Physical Activity Nutrition Obesity Prevention (PANO)
Advancing Healthy Lifestyles Coalition
Kick-Off Meeting
March 12, 2024

Meeting Notes

I. Welcome and Introductions

The AHL Coalition quarterly meeting was convened at 9:30 am by Dr. Devona Williams [Goeins-Williams Associates, Inc. (GWA)], meeting facilitator, at Delaware State University, Bank of America Building, Room 309, in Dover. Devona led the group in introductions. Forty-five members and guests were in attendance:

- Devona Williams, GWA
- Lauren Butscher, PANO
- Knolan Rawlins, Delaware State University
- Megan Rothermel, Delaware State University
- Toni Sinibaldi, AB&C
- Greg O'Neil, ChristianaCare
- Bet Wong, Nurses Next Door
- Shawn Stevens, Wilmington University
- Leandra Carson, DSU Trauma Academy
- Allie Zuber, American Lung Association
- Tanya Haley, American Lung Association
- Michelle Fisher, Delaware State University
- Debbie Smith, Bayhealth
- Laurie Ruggiero, University of DE
- Emily Vera, Mental Health Association in Delaware
- Victoria Burton, YMCA of Delaware
- Harold Mack, Department of Corrections
- Romie Lutz, Lutheran Comm. Svcs./DE Quitline
- Natasha Morris-Harrison, Division of Public Health
- Yinka Isichei, American Heart Association
- Kat Luebke, Epic Delaware
- Betsy Wheeler, Wheeler & Associates Mgt Svcs
- Karen Johnston,
- Tracey Phillips, Delaware State University
- Karen McGloughlin, 4-H Cooperative Extension
- Kimberly Holmes, Bayhealth
- Ayesha Bailey, Delaware Quitline
- Molly Yoo, Boys and Girls Clubs of DE
- Catalina Natalina, Lingua Franca
- Maria Lepore-Stevens, Tether Foundation
- Amy Gootee-Aah, Delaware State University
- Shebra Hall, Division of Public Health
- Helen Arthur, Division of Public Health
- Gwen Angalet, GBA Consulting
- Cassandra Davis, Department of Corrections
- Emmanuel Opong,
- Suzanne Tait, ChristianaCare
- Justin Windheim, AB&C
- Lori Ciabattoni, ChristianaCare
- Jayden Carr, GWA

Students

- Jugba Young
- Thelanie Robinson
- Sierra Romaine
- Kendrick Hicks
- Tracey David Adams

The remaining agenda items and actions are summarized on the next page.



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Agenda Items	Actions
<p>II. Pano Administrator Lauren Butscher gave an update on the PANO Program.</p>	<ul style="list-style-type: none"> • Lauren Butscher presented updated data on Physical Activity, Obesity, and Nutrition within the state • Lauren Butscher gave an overview of the PANO program, the vision of the program, and its mission • Lauren Butscher listed the goals of the PANO program and explained the program’s multi-factored approach to achieve each goal • PANO was given the opportunity to sponsor a Healthy Lifestyles Night at the Wilmington Blue Rocks! The Healthy Lifestyles Night will be on Thursday, July 11th
<p>III. Committee Reports and Coalition Updates</p>	<ul style="list-style-type: none"> • Devona Williams reviewed gave a brief overview of the formation of the Coalition and reviewed the Vision, Mission, Strategic Goals and Core Values. • The chairs/co-chairs of each committee presented updates to the Coalition: <ul style="list-style-type: none"> ○ Kat Luebke reported the partnership committee will explore collaboration with other organizations and coalitions ○ Knolan Rawlins reported for the program development committee (in absence of Chair, Heather Klemanski) presented the updated program survey – 12 members have completed the survey. ○ Lauren reported for the policy committee which is reviewing policies within the state that can improve the PANO health system. <ul style="list-style-type: none"> ▪ The chair is vacant ○ Bet Wong, reported in absence of Peter Campbell, an update of the Community Outreach and Engagement Committee which is



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	<p>discussing ways to get out into the community with the PANO brand identity including having a table at different locations such a Produce Junction in Dover.</p> <ul style="list-style-type: none"> ○ Catalina Natalini reported the marketing and communications committee will explore working other committees to promote events and community outreach opportunities ○ Lori Ciabattoni reported the steering committee activity regarding the 2nd Annual AHL Conference, June 6, 8:00 am to 4:00 pm at the DSU MLK Center. A invite was sent on March 11; please forward to organizations we would like to see participate, especially from the built environment. Jackie Joyner Kersee is the keynote speaker. ● Toni Sinibaldi with AB&C Creative presented the updates on the Coalition website. ● Jayden Carr presented updates on membership; the newest members were recognized – Dr. Gwen Angalet and Dr. Leandra Casson. <ul style="list-style-type: none"> ○ The Coalition has 45 active members
<p>IV. Health Literacy, Greg O’Neill, Health Literacy Council, ChristianaCare</p>	<ul style="list-style-type: none"> ● Greg O’Neil presented an engaging presentation on Health Literacy Coalition to the AHL Coalition ● Greg shared translation resources with the Coalition <ul style="list-style-type: none"> ○ <u>#1 Expert DE Interpreters – Translators Language Liaisons</u> ○ <u>Interpretation and Translation Clients Nationalities Service Center (nscphila.org)</u>



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	<ul style="list-style-type: none"> The Literacy Council is synergistic with the AHL Coalition.
V. Community Health Needs Assessment, Betsy Wheeler, Rural Service Health Coalition	<ul style="list-style-type: none"> Betsy Wheeler presented information on the Delaware Rural Health Initiative and the characteristics of southern Delaware and health needs
VI. Door Prizes	<ul style="list-style-type: none"> Lauren Butscher gave away the door prizes to the five students who attended the meeting. (Door prizes were provided by Shebra Hall and Tori Burton)
VI. Wrap Up and Next Steps	<ul style="list-style-type: none"> Committee chairs will schedule and convene meeting of their committees, prepare a written report, and committee will report out at meeting. Updates will be made to the AHL Coalition website Upcoming Annual Conference is June 6 at the DSU MLK Conference Center.
VII. Adjournment	<ul style="list-style-type: none"> 12:00 pm

The Meeting Notes were completed by the facilitator.

