

GARDEN VEGGIE PASTA

Make the most of classic summer veggies!

Serves: 4

INGREDIENTS

- 8 oz whole-wheat pasta
- 1 zucchini, sliced
- 2 cups cherry tomatoes
- 2 cloves garlic, minced
- 1 tbsp olive oil
- Parmesan cheese (optional)

DIRECTIONS

1. Cook pasta according to package directions.
2. Sauté zucchini and garlic in olive oil.
3. Add tomatoes and cook until softened.
Season with salt and pepper to taste.
4. Toss with pasta and top with Parmesan.

tradeUp tip

Trade up by making vegetables half the meal.



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