

Smoking

and The Human Body

Smoking negatively impacts almost every part of the body. The 2020 Surgeon General's Report links smoking to an increased risk of cardiovascular diseases; stroke; reproductive health issues; chronic obstructive pulmonary disease (COPD); and cancers in the lung, liver, pancreas, and bladder. Here's how smoking affects the body's organs.

BRAIN

Exposure to secondhand smoke can increase the risk of stroke by 20% to 30%. About 600,000 strokes occur each year, and stroke is the nation's third-leading cause of death.

MOUTH

Smoking causes periodontitis (gum disease) and oral or mouth cancer, which can spread to other parts of the body.

LUNGS

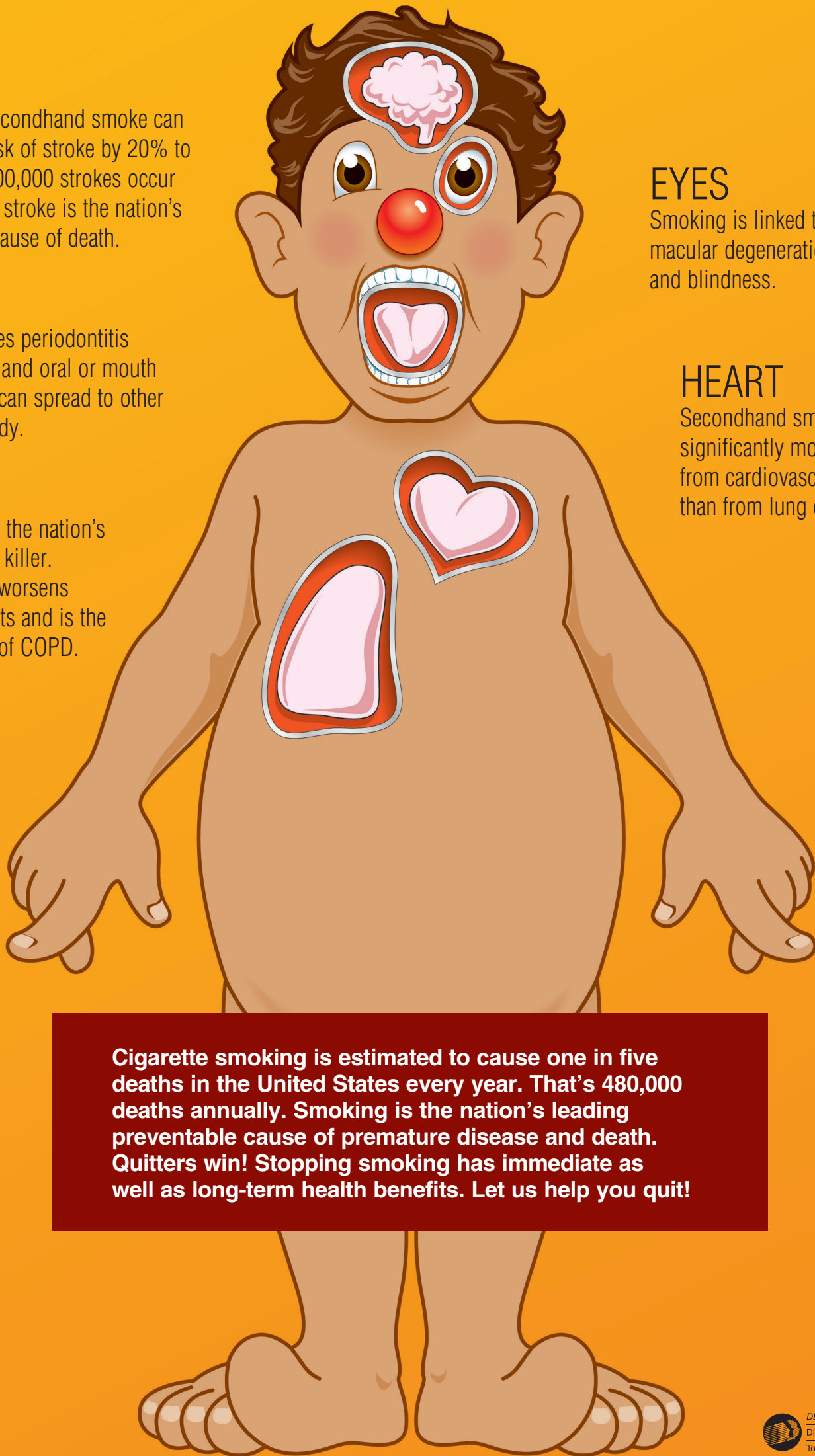
Lung cancer is the nation's leading cancer killer. Smoking also worsens asthma in adults and is the leading cause of COPD.

EYES

Smoking is linked to age-related macular degeneration, cataracts, and blindness.

HEART

Secondhand smoke causes significantly more deaths from cardiovascular diseases than from lung cancer.



Cigarette smoking is estimated to cause one in five deaths in the United States every year. That's 480,000 deaths annually. Smoking is the nation's leading preventable cause of premature disease and death. Quitters win! Stopping smoking has immediate as well as long-term health benefits. Let us help you quit!

